

Escape from Egypt

This lesson about how God helped His people escape from Egypt will help children learn that nothing is more powerful than God. God protects us in miraculous ways.

TOPICS

Miracles, Moses, Power of God, Protection

AS KIDS ARRIVE (10 minutes)

Have kids play a game of "Follow The Leader." After the game explain that in today's story God's people followed Moses out of slavery.

BIBLE VERSE (5 minutes)

"My help comes from the Lord, the Maker of heaven and earth" Psalm 121:2 NIV

Explain to the children that God loves us. We don't have to be afraid. We can trust that God will help us when we call on Him.

BIBLE STORY (15 minutes)

Gather the children around you for story time. After the introduction, read the children's version of the story. As an option, you can read the story directly from the Bible.

Introduction:

Our story for today is found in the book of Exodus, in the Old Testament. The Hebrew people had been forced to live and work in Egypt for a long time. God wanted to give the Hebrew people their own place to live. God had Moses tell the Egyptian leader, known as Pharaoh, to let God's people go. However, he would not listen, so God sent many plagues on the Egyptian people to convince Pharaoh to let God's people go. Let's find out if Pharaoh finally gave in.

Parting the Red Sea (Story) [page 2](#)

(Option) Read Exodus 14:5-31 (Escape from Egypt)

Discussion Questions:

1. Pharaoh let God's people go, why did he change his mind. (*God's people were doing all of the work for Pharaoh. If they left, no one would do all the work.*)
2. When the Israelites saw Pharaoh's army chasing them what did they do? (*They were very frightened and cried out to God.*)
3. What did Moses tell the people? (*Not to be afraid, God would fight for them.*)
4. What did God do when Moses stretched out his hand over the sea? (*God parted the water so that the Israelites could walk across the sea on dry ground.*)
5. Did Pharaoh's army continue to chase God's people? (Yes.)
6. What happened to Pharaoh's army? (*The walls of water flowed back together and drowned the army.*)
7. What God did here was really a miracle. What are some other powerful and miraculous ways that God gives us protection? (*Allow for discussion.*)

FUN TIME (10 minutes)

What Do You See (Activity) [page 3](#)

ALTERNATE FUN TIME (10 minutes)

Crossing the Red Sea (Game) [page 4](#)

CLOSING ACTIVITY (5-10 minutes)

God Says (Game) [page 5](#)

Play this lively game similar to "Simon Says" while the children are waiting to be picked up.

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PARTING THE RED SEA

The story of how God miraculously parted the Red Sea so His children could escape from Pharaoh.
Exodus 14:5-31

TOPICS:

Miracles, Moses, Power of God, Protection

Materials:

Picture of Moses parting the red sea (Optional) [page 6](#)

DURATION:

Approximately 8 minutes

Introduction:

The Hebrew people had been forced to live and work in Egypt for a long time. God wanted to give the Hebrew people their own place to live. God had Moses tell the Egyptian leader, Pharaoh, to let His people go, but Pharaoh would not listen. God sent many plagues on the Egyptian people to convince Pharaoh to let God's people go.



Exodus 14:5-31 (Paraphrased)

After the last plague, Pharaoh called Moses and Aaron and told them to leave Egypt and to take all of God's people with them. The Egyptians asked God's people to leave Egypt as fast as possible.

During the day, God went ahead of the people in a pillar of cloud. At night, He went ahead of them as a pillar of fire to give them light. This way, the people could travel during the day or at night. After the people had been walking for a long time God told Moses to have the people set up camp by the Red Sea.

Pharaoh and his officials changed their minds about letting God's people go and said, "What have we done? We have let the Israelites go and now they no longer work for us!" So, Pharaoh gathered his army and told them to go bring God's people back to Egypt.

The Israelites looked up and saw the Egyptian army marching after them. They were very scared and began to cry out to God. Moses told the people not to be afraid and to stand firm, that God would fight for them. God told Moses to raise his staff and stretch out his hand over the sea to divide the water so that the Israelites could walk through the sea on dry ground.

Then Moses stretched out his hand over the sea. All that night God drove the sea back with a strong wind. The waters were divided, and the Israelites went through the sea on dry ground, with a wall of water on their right and on their left.

Pharaoh's entire army continued to chase God's people. God looked down at the Egyptian army and threw them into confusion. God made the wheels of their chariots come off so that it was hard for them to drive. The Egyptians said, "Let's get away from the Israelites, God is fighting for them!"

God told Moses to stretch out his hand over the sea again so that the walls of water would come back together and swallow up the Egyptian army. Moses stretched out his hand over the sea and the water went back to its place. The water rushed back and covered the entire army of Pharaoh that had followed the Israelites into the sea. Not one of them survived.

When the Israelites saw the great power God displayed against the Egyptians, the people feared God and put their trust in Him.

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WHAT DO YOU SEE?

A fun activity that helps children learn to pay attention to details.

TOPICS:

Miracles, Moses

MATERIALS:

"What Do You See" poster [page 6](#)

DURATION:

Approximately 10 minutes

PREPARATION:

Before class, print one copy of the poster.

WHAT YOU WILL DO:

Read the Bible story of Moses parting the Red Sea.



Explain to the children that you will quickly show them a picture and then you will ask questions about the picture. Tell them that you will do this several times and that they should pay close attention to what they see.

Show the kids the picture and ask them the following questions:

- 1) What Bible character is in the picture? (*Moses*)
- 2) What is he doing? (*Parting the Red Sea*)

Display the picture the second time and ask the following questions:

- 3) What color is Moses' robe? (*Blue*)
- 4) What color was the trim around the sleeves of Moses' robe? (*Red*)

Present the picture a third time and ask the following questions:

- 5) How many fish were in the picture? (*Two*)
- 6) What was lying on the riverbed in front of Moses? (*Rocks*)

Explain that it is always important to pay attention when we are learning new things, especially when we are learning new things found in the Bible.

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CROSSING THE RED SEA

Children imagine what it would be like to cross the red sea in this fast paced game

TOPICS:

Moses, Power of God, Protection

MATERIALS:

Bed Sheet

DURATION:

Approximately 10 minutes

WHAT YOU WILL DO:

Before playing the game, read from a children's Bible the story of Moses parting the Red Sea.



Two adults hold the four corners of the sheet as it rests on the floor in front of the children. The children line up single file at one side of the sheet. The first child in line will play the part of Moses and stretch out his hand. Once the first child in line has stretched out his hand, the adults will quickly raise the sheet high above their heads. As the sheet parachutes above them, the children will run under the sheet to the other side. If children are under the sheet when it comes down, they are out of the game. Have children take turns being the first one in line and playing the part of Moses.

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GOD SAYS...

A fun game similar to Simon Says that will help the children learn to put Jesus first.

TOPICS:

Following God, Listening, Obedience

MATERIALS:

None

DURATION:

Approximately 10 minutes



WHAT YOU WILL DO:

Have all the children line up facing you. Explain that this game is like "Simon Says," except it will be God Says. This simple game will show the kids that when God says, we have a choice to do what He says and put Him first or not do it and lose our chance.

WHAT YOU WILL SAY:

In the Bible, God asks us to do many things and sometimes we obey and sometimes we don't. We are going to play a game to see if we can listen to what God says, and then do what He asks. The only way you can do anything in this game is if you hear me first say, "God Says." If you do not hear me say "God Says," and you do it anyway, you will be out of the game. So let's start. *(You can use any of the following phrases or you can make up your own.)*

God says, "Lift your hands toward Heaven."

God says, "Shake your neighbors hand."

Jump up and down

God says, "Say hello to your neighbor."

God says, "Tell a friend good-bye."

Run to the table

God says, "Tap someone's shoulder."

God says, "Shout, 'Hallelujah!'"

Sit on the floor

Shout out your first name

God says, "Put your hands together and pray."

