

## 7 Expressions of Praise & Worship (Session 2 of 2) by Abri Brancken

### INTRODUCTION:

Last week we looked at the first 4 word for praise & worship in Hebrew. This week we continue with the next 3 words.

### Barak בָּרַךְ

#### Meaning

The word Barak means to kneel or bow and bless God. To give reverence to God as an act of adoration. It is done with an attitude of anticipation. When you appear before royalty, you bend the knee out of respect and honor. You acknowledge the person is important, even more than yourself.

We adopt a submissive posture, physically proclaiming with our bodies that we are surrendering to God's authority and humbly worshipping at His feet. There are about 324 references to Baruch in the Bible.

Paul quotes Isa 45:23:

#### **Rom 14:11**

*For it is said in the holy Writings, By my life, says the Lord, to me every knee will be bent, and every tongue will give worship to God.*

#### **Isa 45:23**

*By myself have I taken an oath, a true word has gone from my mouth, and will not be changed, that to me every knee will be bent, and every tongue will give honour.*

Often the pride of your heart will keep you on your feet!

Barach implies blessing. To praise God through blessing Him. Acknowledge who He is.

#### Scripture References

##### **Ps 95:6**

*O come let us worship and bow down; let us kneel (barak) before the Lord our maker.*

##### **1Chr 29:20**

*Then David said to all the assembly, "Now bless (barak) the Lord your God." And*

*all the assembly blessed (barak) the Lord, the God of their fathers, and bowed low and did homage to the Lord and to the king.*

**Ps 34:1**

*I will bless (barak) the Lord at all times; His praise shall continually be in my mouth.*

**Psa 119:12**

*Blessed (Barak) art thou, O Jehovah: Teach me thy statutes.*

**Psa 145:10**

*All thy works shall give thanks (Yadah) unto thee, O Jehovah; And thy saints shall bless (Barak) thee.*

**More Scripture References**

Gen 1:22, Gen 1:28, Gen 2:3, Gen 5:2, Gen 9:1, Gen 9:26, Gen 12:3, Gen 17:19-20 (4), Gen 22:18 (2), Gen 24:1, Gen 24:27, Gen 24:31, Gen 24:35, Gen 24:48, Gen 24:60, Gen 25:11, Gen 26:4, Gen 26:12, Gen 26:29, Gen 27:23, Gen 27:27 (2), Gen 27:29, Gen 27:33 (2), Gen 27:41, Gen 28:1, Gen 28:6 (2), Gen 28:14, Gen 30:27, Gen 30:30, Gen 31:55, Gen 32:29, Gen 35:9, Gen 39:5, Gen 47:7, Gen 47:10, Gen 48:3, Gen 48:15, Gen 48:20, Gen 49:28 (2), Exo 20:10-11 (2), Exo 39:43, Lev 9:22-23 (2), Num 22:6, Num 22:12, Num 23:11, Num 23:20, Num 24:9-10 (2), Deu 2:7, Deu 7:14, Deu 12:7, Deu 14:24, Deu 15:14, Deu 16:10, Deu 28:3-6 (6), Deu 33:1, Deu 33:13, Deu 33:20, Deu 33:24, Jos 17:13-14 (2), Jos 22:6-7 (2), Jos 22:33, Jos 24:10, Jdg 13:24 (3), Jdg 17:2, Rth 2:19-20 (2), Rth 3:10, Rth 4:14, 1Sa 2:20, 1Sa 15:13, 1Sa 23:21, 1Sa 25:32-33 (3), 1Sa 25:39, 1Sa 26:25, 2Sa 2:5, 2Sa 6:11-12 (2), 2Sa 6:18, 2Sa 7:29, 2Sa 13:25, 2Sa 18:28, 2Sa 19:39, 2Sa 22:47, 1Ki 1:48, 1Ki 2:45, 1Ki 5:7, 1Ki 8:14-15 (2), 1Ki 8:55-56 (2), 1Ki 8:66, 1Ki 10:9, 1Ch 13:14, 1Ch 16:2, 1Ch 16:36, 1Ch 17:27, 1Ch 26:5, 1Ch 29:10 (2), 1Ch 29:20, 2Ch 2:12, 2Ch 6:3-4 (2), 2Ch 9:8, 2Ch 30:26-27 (2), 2Ch 31:8, 2Ch 31:10, Eze 7:27, Neh 8:6, Neh 9:5, Neh 11:2, Job 1:10, Job 1:21, Job 31:20, Job 42:12, Psa 18:46, Psa 28:6, Psa 37:21-22 (2), Psa 41:13, Psa 45:2, Psa 49:18, Psa 66:20, Psa 68:19, Psa 68:35, Psa 72:17-19 (3), Psa 89:52, Psa 106:48, Psa 113:2 (2), Psa 115:15, Psa 118:26 (2), Psa 119:12, Psa 124:6, Psa 128:4, Psa 135:21, Psa 144:1, Psa 147:13, Pro 5:18, Pro 20:21, Pro 22:9, Isa 19:25, Isa 51:2, Isa 61:9, Isa 65:23, Isa 66:3, Jer 17:7, Jer 20:14, Eze 3:12, Zec 11:5

The fathers in Biblical times blessed their sons by speaking a blessing over them. They used to prophetically speak over them what the LORD showed them about their sons.

**Actions accommodating**

Bend the knee.

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## **Yadah ידה**

### **Meaning**

Yad means hand in Hebrew. It means to worship with extended hands and it signifies a deep surrender to God and a heart that desires to pay tribute to Him. When we Yadah, we open our hands to God. To hold out *your hand*; physically to *throw* (a stone, an arrow) at or away; especially to *revere* or *worship*.

When we “yadah” the Lord, we lift up our hands with outstretched arms, thanking Him for the blessings He has given us or for the work He has done. It is also sometimes translated as “give thanks” or simply “thank.”

### **Scripture References**

#### **2Chr 20:21**

*Give thanks (yadah) to the Lord, for his lovingkindness is everlasting.*

#### **Ps 107:15**

*Oh that men would praise (yadah) the Lord for his goodness, and for his wonderful works to the children of men.*

### **More Scripture References**

Psalms 100:4, 134:2, 27:1, 28:7, 33:2, 42:5, 44:8, and 141:2.

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## **Today תודה**

Translated means 'thanksgiving' and involves the raising of hands in adoration. It suggests an attitude of sacrificial praise. In other words, we give thanks and praise before we receive from the Lord, and/or delivered out of a situation. We thank God for his promises, faithfulness, etc.

#### **Psa 50:14**

*Offer unto God praise (today) and pay thy vows unto the Most High.*

#### **Ps 50:23**

*Whoso offers praise (today) glorifies me: and to him that orders his conversation aright will I shew the salvation of God.*

### **More Scripture References**

Psalms 50:14, 95:2, Colossians 4:2, 1 Timothy 4:4-5, Isaiah 51:3 and Amos 4:5. 2 Chr 29:31; Jer 33:11; Ps 42:4